



United Native Friendship Centre Winter Healthy Food to Go

Friday, November 26, 2021

11:00 a.m. – 1:00 p.m.

UNFC Main Building

427 Mowat Ave. Fort Frances

The cost of fresh food and living and changes to community services has caused many of our community members hardship during the COVID-19 pandemic. A healthy, nutrient-rich diet can help maintain a strong immune system and we at the United Native Friendship Centre are here to help ANYONE in need of assistance.

Stop by 427 Mowat Ave for a grab and go bag of fresh, healthy, hearty food!

No pre-orders ~ first come, first serve ~ one bag per family or individual

If you have mobility or transportation limitations, please call the UNFC at 274-8541 no later than November 24 ,2021 at 2:00 p.m. to arrange for a delivery.