

United Native Friendship Centre

JOB DESCRIPTION

A. POSITION TITLE: Indigenous Mental Health and Wellness Worker

B. IMMEDIATE SUPERVISOR: Justice Team Lead

C. SUPERVISION: Employed by the Friendship Centre, responsible to adhere to the policies and directions as determined by the Board of Directors of the Friendship Centre under the supervision of the Executive Director and direct supervision of the Justice Team Lead.

D. OBJECTIVES: To provide wholistic and culture-based supports and to be responsive to the mental health and addictions of Urban Indigenous individuals and their families.

E. AREA OF RESPONSIBILITY: To implement trauma-informed and strengths-based cultural approaches to address community-based mental health and wellbeing concerns.

F. QUALIFICATIONS

- Post-secondary education in Indigenous Studies and/or Social Services
- Certificate of Registration with Ontario College of Social Workers and Social Service Workers
- A minimum of two years-experience within a mental health and/or social services setting
- Strong knowledge and awareness of Indigenous culture and history with emphasis on the impact of trauma, family violence and community outreach
- Knowledge of the Indigenous Healing and Wellness Strategy, Ontario Mental Health Act and community health agencies
- Superior written and oral communication and group facilitation skills
- Excellent management and planning skills
- Ability to conduct peer counselling sessions and case management services to service users
- Must have excellent computer skills and knowledge of statistical data entry and reporting
- Must provide a satisfactory Vulnerable Sector Criminal Reference Check
- Must have valid driver's license and access to a vehicle
- Must be able to work flexible hours
- Must possess First Aid and CPR certification

G. JOB SPECIFICATIONS:

1. Support direct service users, navigate and access addiction treatment centres
2. Work directly with the Indigenous Alcohol and Drug Worker
3. Support individuals, families and community who request assistance and/or information concerning mental health and/or addictions programs
4. Provide wrap-around services and a strength based action plan for each individual direct service user to address goals in the area of mental health, pre-treatment, treatment and aftercare planning
5. Conduct strengths and needs assessments for direct service users and develop plans of care to meet the needs and goal of the program
6. Provide culture-based intervention services including, but not limited to, healing ceremonies, sweat lodge ceremonies, utilizing Elders and traditional teachers in counselling sessions
7. Conduct peer counselling sessions and case management services for direct service users
8. Conduct or organize group counselling and/or workshops for direct service user and interested community members such as sharing circles, teaching circles, healthy relationships, etc.
9. Promote awareness and ensure access to the program through a variety of outreach and promotional activities
10. Design, develop and deliver mental health/addiction workshops, presentations and information materials to individuals, families, community organization and service providers
11. Communicate with Friendship Centre programs, community professionals and other service providers to ensure that services for direct service users are coordinated
12. Accurately report and ensure all program objectives are being met in accordance to agreements
13. Utilize quarterly reporting tools and database to input data as required
14. Network with Indigenous and non-Indigenous agencies and services to provide services for direct service users who need healing from mental health, addiction and trauma.
15. To undertake any other such reasonable duties as may be assigned from time to time.

H. EVALUATION

The position will be evaluated after a six-month period and annually thereafter.