



## UNFC ADOPT-A-FAMILY PROGRAM

Through the United Native Friendship Centre, local agencies, community partners and community members can adopt-a-family at Christmas. This program was started to assist UNFC participant families whose finances cannot support the added cost of Christmas.

### How this works:

If you are interested in adopting a family we can provide you with their profile at the beginning of December. We suit each family and sponsor to meet each other's needs. Furthermore, all information regarding the adoptee is strictly confidential and vice versa.

*\*Attached is the shopping guideline, as we like to provide families with three square meals on Christmas day.*

If you would like to adopt a family or donate to this cause please contact Jenn Kivimäki, Homelessness Outreach Worker at (807) 274-8541.



## Shopping Guideline

Aluminum Foil Wrap	Coffee creamer	Jam	Salad Items
Aluminum Pan	Coffee/Tea	Jell-O	(lettuce, tomatoes, cucumber, carrots)
Bacon	Cookies for Santa	Milk	Sausage
Bread & Buns	Coolwhip	Orange Juice	Soup
Butter/Margarine	Crackers	Pancake mix	Stuffing x 2
Canned Vegetables	Cranberries	Pasta	Sugar
Cereal	Eggs	Pie	Syrup
Cheese	Gravy	Potatoes	Turkey
Christmas Oranges	Hash browns	Salad Dressing	**Gifts for Family members

- The items in the Food List are to be used as a guide to ensure that the adopted family has well balanced meals. This is just a guideline adoptees are welcome to add more to your hamper.
- We suggest that sponsors provide at least two new gifts per family member.